

Nurse Leadership 3 Part Series

January 15, February 12, & March 19, 2026

11:00am-Noon

Each session will be recorded and available on-demand to all registrants.

Below is a list of each of the sessions included in the series with the date it will be available for viewing

- **Thursday January 15, 2026**

Lead with Purpose: Empowering Nurse Leaders for Transformative Impact

Description:

In today's dynamic healthcare environment, effective nurse leadership is more critical than ever. This engaging and practical session is designed to empower nurse leaders with the tools, strategies, and confidence to lead with clarity, compassion, and impact. Participants will explore transformative leadership styles, master the art of crucial conversations, and gain actionable techniques for managing time and resolving conflict. Through real-world scenarios and evidence-based practices, nurse leaders will leave equipped to foster a collaborative culture, elevate team performance, and ultimately enhance patient care outcomes.

- **Thursday February 12, 2026**

Beyond Burnout: Reigniting Passion & Building Resilient Nursing Teams

Burnout continues to challenge the nursing profession, especially in organizations who have limited resources. This transformative session explores how nurse leaders can reignite joy and passion in their teams while promoting resilience and well-being. Participants will uncover the critical role of nurse leaders in combating burnout, learn three ac-

tionable strategies to support self-care and emotional health, and analyze real-world case studies that highlight best practices in nurse management. Through practical approaches to building and retaining a resilient workforce, attendees will leave equipped to elevate staff morale, enhance engagement, and drive clinical excellence—bringing heart and purpose back to the forefront of nursing leadership.

- **Thursday March 19, 2026**

Crucial Conversations:

Description: TBD

Instructor: Felicia Sadler, VP Quality, Partner, Clinical Workforce Development; Relias

Continuing Education: 3.0 *This workshop has been applied to the following to meet the continuing education requirements for the MN Board of Nursing. It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education.*

Registration Fees

Medi-Sota Members: FREE

Non Medi-Sota Members: \$150/Person

If you should have any questions contact
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